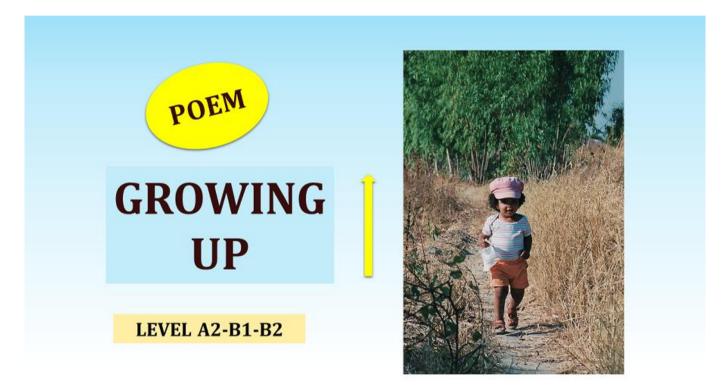
# **ENGLISH POEM: GROWING UP**

The journey from childhood to adulthood is full of obstacles, yet these challenges help us to grow.

Becoming an adult demands a lot from us and when we win whatever small battle life throws at us, we are grateful for the progress made.

We know that we have to keep walking and heading towards the future, even though we do not know what is in store for us. It is the hope that keeps us going.

This is an English poem about what it takes and what it means to be a full-fledged adult in a difficult and often unpredictable world.





They say growing up is

getting old,

but I say growing up is

figuring things out,

knowing which battles

to fight

and which ones

to lose,

and still grow in might.

#### lt is

knowing right from wrong, and knowing which wrongs to right and not write about

not for lack of insight.

#### It is

not being afraid of the night that fills the young ones

with dread and fright.

It is standing up

when you feel like

falling down.

It is glowing up

in beauty

and sagacity.

It is having a voice and

using it by choice.

#### Growing up is

getting bold

and doing things

without being told.

It is following your dreams

and not stopping to

follow other people's dreams.

It is daring to

be a trailblazer

and not have a single care in the world

about what other people think.

#### Growing up is

growing into oneself

entirely,

unapologetically.

It is knowing

that your worth

does not depend

on your wealth.

It is knowing that

you have to stand up to your bullies

because you simply cannot

be bullied.

#### Growing up is

knowing which games of life to play

and which ones to avoid,

at all costs.

It is knowing that time is precious

and running out.

It is knowing

when to jump into the void

and not be afraid of the fall.

It is becoming

stronger both in body

and mind.

#### Growing up is

knowing that you have the right

to be bright

and that's all right.

It is allowing oneself

to be happy and silly

at the same time,

and that's all right.

It is knowing when to

run and when to

stop.

#### Growing up is

knowing when enough is enough,

and it's time to move on.

It is letting go of

one's fears and

facing the future

with no tears.

It is refusing to be

ill-treated,

vehemently!

Valiantly!

It is accepting to be

loved,

truly!

Passionately!

## Growing up is

owning up one's emotions

and embracing them,

decidedly!

Truthfully!

It is knowing that

we are not powerless

but powerful,

wonderfully!

Fully!

It is caring for

oneself,

and for others,

selflessly!

beautifully!!

### Growing up is

choosing to cry or to laugh,

to shout or to be quiet,

to react or to stay calm.

It is to strengthen your will,

so that you won't kill your dreams.

Growing up is going up,

# becoming taller, **bolder**, wiser. Growing up is loving everyday life as it comes, with each passing second! <u>with each passing breath!</u>





